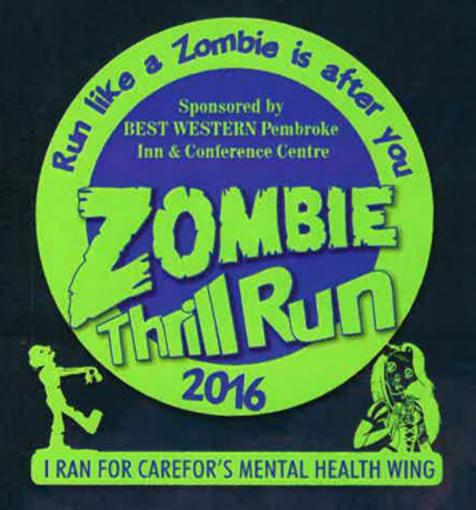






Pembroke Inn & **Conference Centre**

PRESENT THE 4TH ANNUAL ZOMBIE THRILL RUN



In support of

Carefor DE SANTE COMMUNAUTAIRES

mental health wing



First 200 registered in the 5 km and 10 km will receive a **Zombie Run T-shirt**

FRIGHTENING RUNS

Trick or Treat Fun Run

\$25 for 4 people \$10 for any extra Race starts at 9:30 AM

Lots of trick or treat stations set up along the route

Make it or Break It

Timed Run \$30 Race starts at 10:30 AM

NEW \$25 youth price

Great Escape Timed Run \$35

Race starts at 10:00 AM

NEW \$30 youth price

SATURDAY DETOBER 23

New Scary Location -Algonquin College and Kiwanis Walk Way







Dr. James Gallant



Pembroke Mall





- GPS Watch
- Mountain Bike
- Most money raised 1st, 2nd and 3rd
- Best costume 1st, 2nd and 3rd
- Fastest male & female runner 5 & 10K



New Team Prize for the team that raises the most money! Sponsored by Nick's Chicken House & Pizzeria





For more information Contact Tammy at Tammy@BestPembroke.com or 613-735-0474

